

Ladies Club



Welcome beautiful fall weather! Thank you to Diana Miller, life and health coach, for her presentation at our October meeting. One take away point for me personally was to marry your intention with your action. When asked what do you do to refill your cup with positive energy, our members had some great suggestions- happy hour with friends, family time, serving others, prayer and meditation, walks outdoors, forgiveness, dancing, and gardening. Some great ideas.

The Lunch Bunch has an outing planned to Connor Steak & Seafood on Tuesday Nov. 4. Bunco meets the first and third Tuesday at 1 pm at the club. If you are interested in lunch, come at 11:30.

On Friday November 21, we will welcome Richard & Dot Herbert, managers of Peterbrooke Chocolatiers for a tasty history of chocolate. Please join us at 11 AM for a fun program. Lunch will be traditional Thanksgiving fare- roast turkey and gravy, mashed potatoes and stuffing, rolls and butter, and pumpkin pie for dessert. And of course a chocolate treat from Peterbrooke!

Don't forget to bring a few canned goods or pantry items. Your generous donations of food for the hungry are much appreciated.

Remember to bring a \$25 check or cash for dues if you have not yet paid. Please call the club at 850-893-7700 BY to make your reservation. We look forward to seeing you.

Susan Weed
President
Golden Eagle Ladies Club

